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Department of Indigenous Health Sciences Faculty of Indigenous Health Sciences and Technology Gampaha Wickramarachchi University of Indigenous Medicine



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STUDENT HANDBOOK 2022/2023

Bachelor of Science Honors in

Health Tourism and Hospitality Management

Bachelor of Science Honors in

Yoga and Parapsychology



Department of Indigenous Health Sciences

Faculty of Indigenous Health Sciences and Technology Gamapaha Wickramarachchi University of Indigenous Medicine Sri Lanka

200 Mars

JOURNEY OF HEALTHY AND HAPPY LIVING





Ayurveda Chakrawarthi Pandit G. P. Wickramarachchi

Founder of Gampaha Siddhayurveda Medical College

"As for the traditional lamp ignited by me destroys the darkness of this assembly hall, may the wisdom of light emanation from the education program of the institute enlighten entire Sri Lanka"

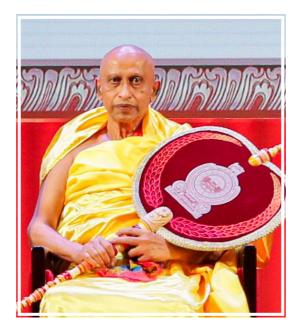
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CHANCELLOR OF THE UNIVERSITY



Sahithya Chakravarthi, Anunayaka Thero of Malwatta Chapter, Venerable Dr. Niyangoda Dharmakeerthi Sri Sangarakkitha

Vijithasiri Thero

Chancellor

Gampaha Wickramarachchi University of Indigenous Medicine, Sri

Lanka

FOUNDING VICE-CHANCELLOR'S MESSAGE



Senior Professor Janitha A. Liyanage PhD (UK), BSc (Hons) (USJ), CChem, CSci, FRSC, FIChemC

Founding Vice Chancellor Gampaha Wickramarachchi University of Indigenous Medicine, Sri Lanka

By dint of the relentless effort made by my team of all walks, the Gampaha Wickramarachchi University of Indigenous Medicine (GWUIM) was established as the 16th national university under the purview of the University Grants Commission of Sri Lanka. We have modelled a new and unique academic ambiance for you to pursue your higher educational attainments that are to be competitively employable worldwide.

The GWUIM is privileged to have an outstanding staff and excellent infrastructural facilities even at its early stages of operations. Our program curricula are aligned with the industrial solicitations, thus facilitating you to acquire exceptional industrial exposure to enhance your performances. At this juncture, as the third student intake of this university, you join the campaign of GWUIM to introduce an innovative and disruptive fashion to the higher educational sphere of Sri Lanka. We shall determine to utilize our resources productively to establish ourselves firmly among the world's leading universities. As the founding Vice-Chancellor who witnessed the birth of this university, I warmly welcome you all to our academic pursuit with heart-felt sincerity.

I would say that you too have a key role to play here for the upliftment of this university and it entails the concomitant success of your individual achievements. I believe you may chase after the progress working as a member of the GWUIM family. I wish you all the good luck in your future endeavors.

Her Excellency Janitha Abeywickrema Liyanage

Former ambassador Extraordinary and Plenipotentiary of the Democratic Socialist Republic of Sri Lanka to the Russian Federation, with concurrent accreditation to the Republic of Armenia, Republic of Belarus, Republic of Moldova, Republic of Kazakhstan and Republic of Uzbekistan

VICE-CHANCELLOR'S MESSAGE



Professor Ranjana W. Seneviratne MS (UoC), MSc (Bermingham), FRCS (England), MBBS (SL)

Vice Chancellor Gampaha Wickramarachchi University of Indigenous Medicine, Sri Lanka vc@gwu.ac.lk

As the incumbent Vice Chancellor of the Gampaha Wickramarachchi University of Indigenous Medicine (GWUIM), I feel esteemed to welcome you to this distinctive academy in the sphere of tertiary education of Sri Lanka. The GWUIM fosters the scholarly patronage exclusively for both indigenous and modern knowledge paradigms and upon the establishment as a public university, it plans to expand its domains of higher education with a bundle of undergraduate degree programs that were particularly designed to align with national interests.

The GWUIM determines to take a leap in its academic endeavors with her fleet of dynamic human resources and swiftly developing physical resources. In this expedition, you will be the newest key stakeholder group to get into the boundaries of this university by way of the third-ever undergraduate student cohort. I warmly embrace you all to the family-GWUIM pointing up the salience of your role in the forward march of this institution. The institutional progression of the GWUIM will have a reciprocal relationship with your personal higher educational attainments. Therefore, I would like to cheer you from the right outset of your life at GWUIM to take the maximum benefit of your undergraduate tenure leaving a brick of success to the university.

Ultimately, I wish you lots of luck during and beyond your life with the GWUIM. We shall place ourselves top with the brand of GWUIM.

Professor Ranjana W. Seneviratne

Gampaha Wickramarachchi University of Indigenous Medicine is the successor higher educational Institution of Sri Lanka Siddhayurveda Medical College founded by Ayurveda Chakravarthi Pandith G.P. Wickramarachchi on 19th July, 1929 as the center of learning Siddhayurveda traditions of indigenous medicine.

Ayurveda Chakravarthi Pandith G. P. Wickramarachchi, the founder of Siddhayurveda Medical College, was born on the 20th September 1889. In 1917, he proceeded to Calcutta Ashtanga Ayurveda Vidyalaya and studied there under Kaviraj Jamini Bhūshana Roy, one of the most eminent scholars of Ayurveda in India. He was graduated with L.A.M.S. degree (Bhishagratna). He founded this institute in his personal land in Yakkala with the support of contemporary leaders of national movement.

Vision

To be a Center of Excellence in Indigenous Medical Education.

Mission

To produce high quality learning environment and to promote innovative research culture in indigenous medical sciences to produce graduates equipped with knowledge and skills to cater the national and global needs.

The University Logo



ගම්පහ විකුමාරච්චි දේශීය වෛදා විශ්වවිදාාලයේ නිළ ලාංඡනය මගින්,

"දේශීය ශිල්ප ශාස්තු පාදක කොට ගනිමින් චිරකාලීන පැවැත්මෙන් යුතු සෞභාගාමත් සශීක වූ දේශයක් උදෙසා විශ්වය පිළිබඳ තතා වූ ද පරිපූර්ණ වූ ද සුපරිශුද්ධ ඥාන සම්භාරයෙන් සුපෝෂිත කෘතහස්ත කුශලතාපූර්ණ සබුද්ධික සත්පුජාවගේ පුඥාලෝකයෙන් විභූෂිත ශී ලාංකේය පරමාධිපතාය උදෙසා සිදුකෙරෙන මෙහෙවර" සංකේතවත් කරයි.

The Emblem Features

1. Ola leaves Manuscript - Heritage of the Indigenous Knowledge තල්පත් පුස්තකය - දේශීය ශිල්ප ශාස්තු උරුමය

2. Moon and Sun

චන්දු සූර්ය සංකේත - චිරකාලීන පැවැත්ම

- 3. Punkalasa with Lotus flowers නෙළුම් මල් සහිත පූන් කලස - සෞභාගාමත් දේශය
- 4. Two springs stems with leaves Prolificacy and Fertility පතු සහිත ශාඛාද්වය - පුවර්ධනය සහ සාඵලාතාව
- 5. Bloom Lotus with 16 petals Purity and Perfectness of the Science and Knowledge about the Universe පියුම්පත් 16කින් යුතු සුපිපි නෙළුම් මල - විශ්වය පිළිබඳ තතා වූ ද පරිපූර්ණ වූ ද සුපරිශුද්ධ ඥාන සම්භාරය
- 6. Couple of Swans holding the lightning lamp Well-educated, skillful Intellectuals with love and compassion පහත් ටැඹ දරා සිටිත හංස යුග්මය-සුපරිශුද්ධ ඥාත සම්භාරයෙන් සුපෝෂිත කෘතහස්ත කුශලතාපූර්ණ සබුද්ධික සත්පුජාව
- 7. Radiant Light Wisdom කිරණ මණ්ඩලය පුඥාව
- 8. The lion holding a sword in its right forepaw sovereignty of Sri Lanka කග පත සුරතින් දරා සිටින සිංහ රූපය - ශී ලාංකේය පරමාධිපතා

The University Flag



The University Anthem

ගම්පහ විකුමාරච්චි දේශීය වෛදූ විශ්වවිදහල ගීතය

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පුදදුන් විහිගුම් ගුණ නැත	සීමා
ඉසිවර පහසින් ලද එලි	බෝමා
සරසවි පියසට වැනි	රන්දාමා

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දිවි දෙවනුව රකිනෙමු මේ	මහිමේ

පබැඳුම : බන්දුල නානායක්කාරවසම් සංගීතය : ජෙසෂ්ඨ මහාචාර්ය කෝලිත භානු දිසානායක

ADMINISTRATION OF GWUIM



Registrar Mr. B. A. N. Krishantha MHRM (UoK), BCom (Sp) (USJ), LICA (ICASL)

Tel: 033 2215772 Email: registrar@gwu.ac.lk



Bursar Mr. C. G. Kothalawala MBM, PgDBM (UoC), BCom (Sp) (USJ), CPFA (London), SAT, CAB

Tel: 033 2223785 Email: bursar@gwu.ac.lk



Senior Assistant Librarian Dr. R. D. Ananda Tissa BA (Honors), (MSSc) & amp; (PhD) University of Keleniya PGD Writership & amp; Communication, (Japura) FLA, (Sri Lanka), Life Member, (RAS) & amp; (OPA) BOM, Central Province Library Board

Tel: 033 3430420 Email: librarian@gwu.ac.lk

DEAN'S MESSAGE



Dr. Jithya Wijesinghe PhD (Japan), MSc (Japan), BSc (Hons) (USJ)

Dean

Faculty of Indigenous Health Sciences and Technology Senior Lecturer (Grade II) in Department of Indigenous Medical Resources deanfihst@gwu.ac.lk

I extend a heartfelt welcome to you all as you embark on this exciting journey at the Faculty of Indigenous Health Sciences and Technology. On behalf of the Faculty and the University, I am delighted to welcome the new undergraduates joining our intellectual community.

I am proud to say that our Faculty of Indigenous Health Sciences and Technology comprises highly committed academic professionals equipped with the latest knowledge and skills. Our cutting-edge academic programs, combined with state-of-the-art facilities, will enable you to excel in your academic pursuits and help you reach your aspirations.

Remember that your journey at the faculty is not just about acquiring knowledge but also about building relationships, developing critical thinking skills, and engaging in extracurricular activities. In the coming years of your academic life, take advantage of the numerous clubs, organizations, and associations established within the Departments, Faculty, and University. Participating in these activities will complement your academic journey and help you develop leadership skills, forge lasting friendships, and create memories that will stay with you for a lifetime. As you start this exciting chapter of your life, know you are not alone. Both academic and non- academic staff are here to support you in your academic pursuits.

Once again, welcome to the Faculty of Indigenous Health Sciences and Technology. We look forward to witnessing your transformation and contributing to your academic and personal success. I wish you all the very best for a fulfilling and enriching academic journey at the Faculty of Indigenous Health Sciences and Technology!

Dr. Jithya Wijesinghe

Dean

Faculty of Indigenous Health Sciences and Technology Gampaha Wickramarachchi University of Indigenous Medicine

FACULTY OF INDIGENOUS HEALTH SCIENCES AND TECHNOLOGY

Faculty of Indigenous Health Sciences and Technology is the Sri Lankan beacon for the indigenous knowledge blended health sciences and technology. The faculty intends to create new knowledge in vast areas such as biomedical technology, ICT, medicinal resources, pharmaceutical technology, yoga, parapsychology, tourism, and hospitality.

The faculty serves global and local contexts through creating new knowledge and skillful graduates who carry that knowledge to the industry.

The faculty of Indigenous Health Sciences and Technology is organized in three departments for education. We offer a wide range of programs and a great number of courses in the faculty.

Department of Technology

For the first time in Sri Lankan history, this department enables and opens a plethora of opportunities for innovation by acting as a bridge between indigenous medicine and modern technology. The Department of Technology offers two highly demanded undergraduate degree programs that are particularly designed to fulfill the vast requirements of the respective industries in the present and foreseeable future. The Department of Technology team includes outstanding academics and researchers from Indigenous Medicine, Biomedical Technology, and Information Technology fields.

The Department of Technology offers two-degree programs.

- Bachelor of Health Science Honors in Biomedical Technology
- Bachelor of Health Science Honors in Health Information and Communication Technology

FACULTY OF INDIGENOUS HEALTH SCIENCES AND TECHNOLOGY

Department of Indigenous Medical Resources

The Department of Indigenous Medical Resources is committed to generate and disseminate knowledge, skills, and attitudes for developing and utilizing Indigenous medicinal resources effectively and efficiently by recognizing the needs and values of the future. The Department offers two undergraduate degree programs which are particularly developed to fulfill the national and global requirements in the field of indigenous medicinal resources and indigenous pharmaceuticals.

The Department of Indigenous Medical Resources offers two-degree programs.

- Bachelor of Science Honors in Indigenous Medicinal Resources
- Bachelor of Health Science Honors in Indigenous Pharmaceutical Technology

Department of Indigenous Health Sciences

The Department of Indigenous Health Sciences plays a key role to enhance human health through indigenous health practices aligning with the mission of the university so as to produce a high-quality learning environment and to promote innovative research culture in indigenous medical sciences to produce graduates equipped with knowledge and skills to cater the national and global needs. The Department prioritizes applying philosophical knowledge in a scientific way for the betterment of human life.

DEPARTMENTAL VISION STATEMENT

To become an excellent department in the generation and dissemination of knowledge, skills, and attitudes to develop indigenous health systems by recognizing the needs and values of cultures.

DEPARTMENTAL MISSION STATEMENT

To maintain the highest standards in education and innovation to develop indigenous health systems by producing competent professionals while appreciating the social, cultural, and economic values.

Bachelor of Science Honors in Health Tourism and Hospitality Management

Introduction

The Bachelor of Science Honors in Health Tourism and Hospitality Management study programme is a fulltime study programme that provides knowledge, skills and attitudes pertaining to the principles and practices in health tourism and hospitality, offered during eight semesters including internship training in the relevant field of the industry.

Goal

The goal of the Bachelor of Science Honors in Health Tourism and Hospitality Management Programme is to generate competent professionals and entrepreneurs so as to provide effective and efficient services in health tourism and hospitality industry for the advancement of wellbeing of mankind and the environment by acting as a member of team in a setting of international community.

Objective

The graduates of the discipline of Health Tourism and Hospitality Management of Gampaha Wickramarachchi University of Indigenous Medicine, Sri Lanka will possess satisfactory multi-disciplinary knowledge on the fundamental concepts, principles and practices relevant to Health Tourism and Hospitality Management.

- Disseminate knowledge, practice and methodology in indigenous social knowledge for sustainable tourism development in Sri Lanka.
- Preserve and transfer the cultural heritage of indigenous knowledge spread across all fields to the new generation.

Graduate Profile

Health Tourism and Hospitality Management (BSc Hons) graduate of Gampaha Wickramarachchi University of Indigenous Medicine (GWUIM) will be a strategy-oriented resilient leader with entrepreneurial orientation, enterprise-wide focus and ethical conduct. He/She will be an IT literate, effective communicator proficient in several international languages, and knowledgeable in the concepts of medical tourism and hospitality management and skillful in identifying available indigenous resources and potential business opportunities for indigenous health tourism and hospitality management contemplating global and local situations; as well as capable of venturing into indigenous health tourism integrating available indigenous resources, taking strategic management decisions, managing health hospitality service organization/providing health and hospitality service at internationally accepted standards.

With such knowledge, competencies and attitudes, graduates of GWUIM will be suitable for managerial and administrative position in medical tourism and hospitality industry.

Intended Learning Outcomes

Upon successful completion of four academic years of Bachelor of Science Honors in Health Tourism and Hospitality Management degree programme, the graduate will be able to,

1. Demonstrate concepts of health tourism management (Indigenous) with key functional areas of tourism and hospitality organization.

2. Identify the potential business opportunities in Health Tourism considering global tourism trends, markets and management challenges.

3. Apply the academic and in-depth knowledge to take strategic management decisions in the field of health tourism business management.

4. Pooling the necessary resources to initiate business venture/s in Health Tourism with available resources.

5. Maintain the best possible internationally recognised standards of hospitality organization towards superior performance.

6. To be a strategy-oriented leader with entrepreneurial orientation, enterprise-wide focus on and ethical spirit.

7. Take strategic management decisions for the business enhancement and sustainable development

8. Utilize indigenous knowledge pertaining to the health tourism and hospitality in the management of hospitality service providing centers or institutes.

9. Perform as a Tourist Guide Lecturer/interpreter by providing standard service including information and narrations concerning all aspects of tourism in Sri Lanka.

10. Act as a manager by organizing, coordinating and supervising all aspects of activities of hospitality service providing center/organization.

11. Manage problems related to the human resource management.

12. Identify and integrate relevant indigenous resources (Cultural, Medicinal and spiritual base) with hospitality service providing centers.

13. Effectively communicate using foreign languages, information technology and be able to obtain good practice of soft skills and social ethics in the field of health tourism and hospitality service providing sector.

14. Manage disaster and crisis situations with resilient knowledge, courage and ability to face challenges.

Department and Courses

The Faculty of Indigenous Health Sciences and Technology of Gampaha Wickramarachchi University of Indigenous Medicine offers the Bachelor of Science Honors in Health Tourism and Hospitality Management Degree Programme in collaboration with different departments of the other faculties of the University.

The syllabus and the curriculum structured on the course system, can be completed in 8 academic semesters. The duration of a semester is 15 weeks. A course is a subject module bearing a credit value. Whereas a credit is a time-based quantitative measure excluding the independent learning hours used in calculating the grade point average.

The course modules are organized according to four academic years, namely, year 1, year 2, year 3 and year 4.

Bachelor of Science Honors in Yoga and Parapsychology

Introduction

This is a four year Honors degree in Yoga and Parapsychology conducted by the Department of Indigenous Health Sciences, Faculty of Indigenous Health Sciences and Technology, Gampaha Wickramarachchi University of Indigenous Medicine. The students who are qualified with noted Z-score in all streams of GCE A/L examination will be eligible to apply for this programme. Yoga is a philosophical practice developed from thousands of years in influence of eastern knowledge systems. Practice of philosophical life through Yoga leads to physical and psycho-spiritual development. This Bachelor of Science Honors in Yoga and Parapsychology Degree Programme is presented to fill the gap between modern health concepts and indigenous health concepts on physical, mental, spiritual and social health development. Indigenous knowledge and concepts in health development through Yoga and Parapsychological practice is a popularized social culture in current era.

Goal

To generate competent professionals and entrepreneurs to provide effective and efficient services in healthcare settings.

Objective

Promote public health and awareness for the advancement of wellbeing of mankind by acting as a team member in healthcare settings.

Graduate Profile

Yoga and Parapsychology (BSc Hons) graduate of the Gampaha Wickramarachchi University of Indigenous Medicine (GWUIM) will

possess sound knowledge on concepts, theories and ethical practices of indigenous philosophies relevant to healthcare settings and ability to apply advanced technologies in Yoga Sciences and Parapsychology practices; promote awareness on health and personality development through yoga and parapsychology practices; be an effective communicator as well as a responsible team player equipped with IT competencies, research skills, and managerial and entrepreneurial capabilities. With such knowledge, competencies and attitudes, BSc (Hons) in Yoga and Parapsychology graduate of the GWUIM will be suitable for occupations such as yoga therapist, yoga instructor and yoga entrepreneur positions in healthcare, educational and business fields.

Intended Learning Outcomes

Upon successful completion of four academic years of Bachelor of Science Honors in Yoga and Parapsychology degree programme, the graduate will be able to;

1. Demonstrate knowledge on basic concepts, theories and ethics of indigenous philosophies in any healthcare setting.

2. Promote awareness for positive health and personality development through Yoga and Parapsychology practice.

3.To manage relevant field of services effectively as a member of a healthcare team.

4. Apply the advanced soft skills, IT competencies, effective communication skills and team working ability.

5. Practice professional ethics in delivering relevant services.

6. Contribute for research and development practice.

7. Initiate as entrepreneurs to contribute in national and international economy.

8. Apply advanced technology in Yoga and Parapsychology practice for healthcare, educational and business needs.

Department and Courses

The Faculty of Indigenous Health Sciences and Technology of the Gampaha Wickramarachchi University of Indigenous Medicine offers the Bachelor of Science Honors in Yoga and Parapsychology Degree Programme in collaboration with different departments of the other faculties of the University.

The syllabus and the curriculum structured on course system, can be completed in 8 academic semesters. The duration of a semester is 15 weeks. A course is a subject module bearing a credit value. Whereas a credit is a time-based quantitative measure excluding the independent learning hours used in calculating the grade point average.

The course modules are organized according four academic years, namely, year 1, year 2, year 3 and year 4.

HEAD OF THE DEPARTMENT'S MESSAGE



Mr. B. L. P. C Balasooriya MSc (Reading), BSc (Hons) (SUSL)

Head of the Department, Department of Indigenous Health Sciences

On behalf of the Department of Indigenous Health Sciences at the Gampaha Wickramarachchi University of Indigenous Medicine, I extend a warm welcome to the third batch of students. It gives me great pleasure to have you join us in our journey toward academic excellence.

As a recently declared university in the Sri Lankan higher education system, we are proud to offer two new courses from our department: BSc. Honours in Health Tourism and Hospitality Management and BSc. Honours in Yoga and Parapsychology. Both courses are being offered for the first time in Sri Lanka and have been designed to cater to the demands of the modern world.

We commend you on your academic and life achievements thus far, and we are confident that your time with us will bring many more opportunities for growth and success.

Our faculty and staff are committed to providing you with the guidance and support you need to achieve your academic goals. We encourage you to take advantage of the resources available to you and to fully engage in the academic and extracurricular activities offered by the department and the university.

Once again, I wish you all the very best to succeed in all your future endeavors and we look forward to working with you and helping you achieve your full potential.

Mr. B. L. P. C Balasooriya

ACADEMIC STAFF OF DEPARTMENT OF INDIGENOUS HEALTH SCIENCES



Mr. B. L. P. C Balasooriya

MSc (Reading), BSc (Hons) (SUSL) Head of the Department Lecturer (Probationary) Research interests - Eco-tourism, Wildlife Tourism, Community Based Tourism, Hospitality Management.

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Dr. A. H. N. De Zoysa PhD in Psychology, MSS, BSc (Psy& Counselling), BA (Hons) (Phil)(UOK), Ad.Dip.in Psychotherapy, Dip.in Counselling Psychology (SLMHF), Dip.in Clinical Child Psychology, Ad.Cert.in Yoga Philosophy.

Lecturer (Probationary) Research Interests - Philosophy, Psychology, Councelling, Professional Ethics, Yoga and Parapsychology.

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Ms. S. A. P. D. Suraweera MBA(SUSL), BSc (Hons) (SUSL), CTHE (UoK,GWUIM), Certified Wellness Tourism trainer (EUHEA)

Lecturer (Probationary) Research interests - Garden/Botanic tourism, Wellness Tourism, Health Tourism, Tourism Entrepreneurship.

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Ms. L. A. P. Chamathka Perera MSc (USJP), BBM (Hons) (UWUSL)

Lecturer (Probationary) Research Interests - Health and wellness tourism, Travel and tourism, Special interest tourism, Gender based tourism, National niche tourism development, Events management.

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Ms. A. I. Wanathunga MSc (Reading), BSc (Hons) (SUSL)

Lecturer (Probationary) Research interests - Health tourism, Eco-tourism, Wildlife tourism, Art and culture, Gastronomy tourism.

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ACADEMIC STAFF OF DEPARTMENT OF INDIGENOUS HEALTH SCIENCES



Ms. N. A. P. S. R. Nanayakkara MSc (Reading), BSc (Hons) (SUSL)

Lecturer (Probationary) Research Interests - Hospitality management, Health and Medical tourism, Yoga and Psychology.

suvini@gwu.ac.lk



Mr. O. R. D. K. Perera PhD (Reading), BA (Hons) (USJ), Ad. Dip. in Psychotherapy, Dip.in Counselling (SLMHF), Cet. in Yoga

Lecturer (Probationary) Research Interests - Yoga and Parapsychology, Psychology.

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Ms. J. K. V. M. Jayasinghe MPhil leading to PhD (Reading), BBA (Hons) (UOC), Dip in Psychology and Counselling

Lecturer (Probationary) Research interests - Yoga and Parapsychology, Psychology, HRM.

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Mrs. K.K.A.H.Kumarasinghe Post Graduate Diploma in Business Management (WUSL), BSc. Business Management (WUSL)

Lecturer (Probationary) Sustainable Tourism, Health and Wellness tourism, Hospitality Management, Human Resource Management

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NON-ACADEMIC STAFF OF DEPARTMENT OF INDIGENOUS HEALTH SCIENCES



Mrs. I. U. Wijethungaarachchi MHRM (Reading), BSc (OUSL) Assistant Registrar (Acting) Faculty of Indigenous Health Sciences and Technology arfihst@gwu.ac.lk 033-2215144



Mrs. E. A. Samitha Gayani Edirisinghe Management Assistant (Grade I)



Ms. H. P. M. H. Weerakoon Management Assistant (Grade III) (Dean's Office)

Bachelor of Science Honors in Health Tourism and Hospitality Management

Curriculum Background

YEAR 1 of the study programme begins with study of Fundamentals of Indigenous Medicine, Introduction to Health Tourism and Hospitality, Tourism Geography and Sociology. In addition there are some courses to enhance the knowledge on tourism resource base, health and wellness segments, tourism economics and marketing principles with applications of indigenous health tourism practices. YEAR 2 curriculum begins with Human Resource Management, Hospitality Operations, and Financial Management Knowledge. Tourism Planning, Quality Management and Consumer Behaviour are also included to enhace management knowledge of the undergraduates. YEAR 3 curriculum concentrates on generating knowledge and skills on hotel operations in four main departments, including E-commerce and Sustainable Development in Tourism. Supplimentary knowledge on Entrepreneurship, Event Management and Resort Design are also included to the curriculum, that can be selected based on student's preference. Opportunity gain hand on experience in the management of health tourism facilities in the field would be given during the YEAR 4.

Notation of Course Units and Abbreviations Used

All the courses are assigned a code number to indicate the following:

COURSE CODE	- HTHM 00000	
First four letters	- Name of the Degree (HTHM)	
First Digit	- Year of Study	

COURSE CODE	- HTHM 00000
Second Digit	- Semester of each Year (1=1st Semester,
	2=2nd Semester, 3= either first semester or
	second semester, 4= in both semester)
Third and fourth Digit	- Serial number of course unit in the relevant
	semester
Fifth Digit	- Credit value

Abbreviations in Common Course Codes

COURSE CODE	- ABCD 00000
First four letters	- Name of the Subject Category
First Digit	- Year of Study
Second Digit	- Semester of each Year (1=1st Semester,
	2=2nd Semester, 3= either first semester or
	second semester, 4= in both Semesters)
Third and fourth Digit	- Serial number of the subject in relevant
	category
Fifth Digit	- Credit value

Abbreviations of Subject Categories

HTHM	:	Health Tourism & Hospitality Management
FMGS	:	Fundamentals of Management Studies
DIHS	÷	Department of Indigenous Health Sciences
DEPT	:	Department of Technology
MYMH	:	Music, Yoga and Meditation for Health Practices
ENGL	:	English Language
GWCG	:	Gampaha Wickramarachchi University of Indigenous
		Medicine, Career Guidance Centre

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Bachelor of Science Honors in Yoga and Parapsychology

Curriculum Background

YEAR 1 of the study programme starts after the completion of orientation programme and spans for a period of two semesters (30 weeks of academic activities). The curriculum of YEAR 1 begins with a study on Fundamentals of Indigenous Medicine; Fundamental Theoretical Knowledge and Practical Experience in Principles of Yoga and Parapsychology, Biological Sciences and Management. In addition, during YEAR 1 supplimentary courses will be offered to enhance the language skills and professional skills. The YEAR 2 begins with applied aspects of Yoga and Parapsychology sciences. Supplimentary courses in Language, Information and Communication Technology and Management will be provided in YEAR 2 to enhance competencies and values of the undergraduates. YEAR 3 concentrates on generating knowledge and skills on Therapeutic Applications of Yoga and Parapsychology Sciences. Hands on experience in the management of yoga and parapsychology practices and opportunity to solve encountered issues in the field of study will be given during the study period of YEAR 4.

Notation of Course Units and Abbreviations Used

All the courses are assigned a code number to indicate the following:

COURSE CODE	- BSYP 00000
First four letters	- Name of the Degree (BSYP)
First Digit	- Year of Study

COURSE CODE	- BSYP 00000
Second Digit	- Semester of each Year (1=1st Semester,
	2=2nd Semester, 3= either first semester or
	second semester, 4= in both semester)
Third and fourth Digit	- Serial number of course unit in the relevant
	semesters
Fifth Digit	- Credit value

Abbreviations in Common Course Codes

COURSE CODE	- ABCD 00000
First four letters	- Name of the Subject Category
First Digit	- Year of Study
Second Digit	- Semester of each Year (1=1st Semester,
	2=2nd Semester, 3= either first semester or
	second semester, 4= in both Semesters)
Third and fourth Digit	- Serial number of the subject in relevant
	category
Fifth Digit	- Credit value

Abbreviations of Subject Categories

DIMR	:	Department of Indigenous Medical Resources
FMGS	:	Fundamentals of Management Studies
DIHS	·	Department of Indigenous Health Sciences
DEPT	:	Department of Technology
ENGL	:	English Language
GWCG	:	Gampaha Wickramarachchi University of Indigenous
		Medicine, Career Guidance Centre

DEGREE PROGRAMME STRUCTURE

Course Structure for Bachelor of Science Honors in Health Tourism and Hospitality Management

YEAR 1 - SEMESTER I

Subject Code	Subject Name	GPA Credits	NGPA Credits	Т	Р	IL				
Core Mandatory Subjects										
HTHM 11013	Introduction to Health Tourism	3		45	-	105				
HTHM 11022	Introduction to Hospitality	2		30	-	70				
HTHM 11032	Tourism Geography	2		30	-	70				
HTHM 11042	Tourism Sociology	2		30	-	70				
Essentia	l Fundamental Knowledge L	Developm	ent							
FMGS 11012	Principles of Management	2		30	-	70				
Life Skil	Life Skills Development									
DEPT 11122	Fundamentals of ICT & Computer Applications	2		15	45	40				
ENGL 11012	English for Professionals	2		15	45	40				
GWCG 11011	Life and Professional Skills Development I	0	1	15	-	35				
Total		15	1	210	90	500				

DEGREE PROGRAMME STRUCTURE

YEAR 1 - SEMESTER II

Subject Code	Subject Name	GPA Credits	NGPA Credits	Т	Р	IL		
Core Mandatory Subjects								
HTHM 12013	Tourism Resources and Sri Lankan Heritage	3		45	00	105		
HTHM 12023	Applications of Traditional Medicine in Health Tourism	3		30	45	75		
HTHM 12033	Economics for Health Tourism	3		45	00	105		
Essentia	ent							
DIHS 12012	Business Mathematics	2		30	00	70		
FMGS 12022	Principles of Marketing	2		30	00	70		
Life Skil	Life Skills Development							
ENGL 12042	English for Yoga & Tourism	2		15	45	40		
GWCG 12021	Life and Professional Skills Development II	0	1	-	45	05		
Total		15	1	195	135	470		
		20	2	405	225	970		
Total Year 1		30	2	1600				

YEAR 2 - SEMESTER I

Subject Code	Subject Name	GPA Credits	NGPA Credits	Т	Р	IL
Essentia	l Functional Knowledge Dev	velopmen	t			
DIHS 21022	Human Resource Management	2		30	00	70
HTHM 21012	Front Office Operations	2		15	45	40
HTHM 21023	Hospitality Operations Management	3		45	00	105
HTHM 21032	Entrepreneurship Development	2		15	45	40
HTHM 21042	Accounting and Financial Management for Tourism	2		30	00	70
HTHM 21052	German Language -I	2		30	00	70
HTHM 21062	Natural Resources & Eco Tourism	2		30	00	70
Life Skil	ls Development		·			
GWCG 21031	Life and Professional Development III	0	1	15	00	35
Total		15	1	210	90	500

YEAR 2 - SEMESTER II

Subject Code	Subject Name	GPA Credits	NGPA Credits	Т	Р	IL
Essentia	l Functional Expertise Knov	vledge De	evelopme	nt		
HTHM 22012	Policy, Planning and Regulations for Tourism	2		30	00	70
HTHM 22022	Hotel Housekeeping Operations	2		15	45	40
HTHM 22033	Spa Management	3		30	45	75
HTHM 22042	Aviation Services for Health Tourism	2		30	00	70
HTHM 22052	German Language -II	2		30	00	70
HTHM 22062	Indigenous Food and Culinary Practices	2		15	45	40
Life Skil	ls Development					
GWCG 22041	Life & Professional Development IV	0	1	15	00	35
FMGS 22042	Business Communication	2		15	45	40
Total		15	1	180	180	440
Total Vous 2		30	2	390	270	940
Total Year 2		50		1600		

YEAR 3 - SEMESTER I

Subject Code	Subject Name	GPA Credits	NGPA Credits	Т	Р	IL		
Core Ma	andatory Subjects							
Essential Applied Expertise Knowledge Development								
HTHM 31013	Professional Cookery	3		30	45	75		
HTHM 31022	Sustainable Health Tourism Development	2		30	00	70		
HTHM 31032	E Business Management & Digital Marketing	2		30	00	70		
HTHM 31042	Special Interest Tourism	2		30	00	70		
HTHM 31052	German Language III	2		30	00	70		
Supplem	entary Choice Subjects							
	Expertise Knowledge Devel I combinations out of 3)	opment (S	Select An	y 2 Th	eory-			
HTHM 31061	Event Management	1		15	00	35		
HTHM 31071	Event Management - Practical	1		00	45	05		
HTHM 31081	Tour Guiding	1		15	00	35		
HTHM 31091	Tour Guiding -Practical	1	N	00	45	05		
HTHM 31101	Planning and Designing of Health Resorts	1		15	00	35		
HTHM 31111	Planning and Designing of Health Resorts- Practical	1	1	00	45	05		

Subject Code	Subject Name	GPA Credits	NGPA Credits	Т	Р	IL	
Life & Hard Skills Development							
HTHM 31121	Integrated Learning Portfolio (ILP)	0	1	00	00	50	
Total		15	1	180	135	485	

YEAR 3 - SEMESTER II

Subject Code	Subject Name	GPA Credits	NGPA Credits	Т	Р	IL			
Core Ma	undatory Subjects								
Essentia	Essential Applied Expertise Knowledge Development								
HTHM 32012	Strategic Management	2		30	00	70			
HTHM 32022	Food & Beverage Operations	2		15	45	40			
HTHM 32032	German Language IV	2		30	00	70			
DIHS 32033	Business Statistics	3		30	45	75			
Analytic	al Competency Developmen	t							
HTHM 32042	Results-Based Project Analysis & Management	2		15	45	40			
Supplem	entary Choice Subjects								
<i>Elective Expertise Knowledge Development (Select 2 of Theory – Practical-combinations or 1 of Theory –Practical-combinations and DEPT 32022)</i>									
HTHM 32051	Tour Planning and Travel Agency Operation	1		15	00	35			

Subject Code	Subject Name	GPA Credits	NGPA Credits	Т	Р	IL
HTHM 32061	Tour Planning and Travel Agency Operation- Practical	1		00	45	05
HTHM 32071	Indigenous Music, Yoga and Meditation	1		15	00	35
HTHM 32081	Indigenous Music, Yoga and Meditation-Practical	1		00	45	05
DEPT 32022	2D Graphic Design Practical	2		00	90	10
Life and	Hard Skills Development					
HTHM 32091	Integrated Learning Portfolio (ILP)	0	1	00	00	50
Total		15	1	135	270	395
Total Year 3		30	2	315	405	880
				1600		

YEAR 4 - SEMESTER I

Subject Code	Subject Name	GPA Credits	NGPA Credits	Т	Р	IL
Essentia	l Evaluation and Creative C	ompetenc	cy Develo	pment		
HTHM 41013	Managing and Marketing Health Destination	3		45	00	105
HTHM 41022	Public Relations	2		30	00	70
HTHM 41033	Risk and Crisis Management in Tourism	3		45	00	105
HTHM 41043	Research Methodology	3		45	00	105
HTHM 41052	Research Proposal Writing	2		00	90	10
Life and	Hard Skills Development					
HTHM 41062	Integrated Learning Portfolio (ILP)	2		00	00	100
Total		15	0	165	90	495

YEAR 4 - SEMESTER II

Subject Code	Subject Name	GPA Credits	NGPA Credits	Т	Р	IL		
Industry Exposure and Job Content Skills Development								
HTHM 42018	Research Project	8		00	800	00		
HTHM 42027	Bachelor's Work Integrated In-Plant Training & Learning	7		00	700	00		
Total		15	0	00	1500	00		
Total Year 4		20	0	165	1590	<i>495</i>		
10tat 1eur 4		30	U	2250				

Course Structure for Bachelor of Science Honors in Yoga and Parapsychology

YEAR 1 - SEMESTER I

Subject Code	Subject Name	GPA Credits	NGPA Credits	Т	Р	IL	
Core Ma	undatory Subjects						
BSYP 11012	Foundation to Yoga	2		30	-	70	
BSYP 11022	Introduction to Psychology	2		30		70	
BSYP 11032	Basic Human Anatomy and Physiology	2		15	45	40	
BSYP 11042	Yoga Practicum I	2		-	90	10	
Essential Fundamental Knowledge Development							
DIMR 11021	Fundamentals of Indigenous Medicine	1		15	-	35	
FMGS 11012	Principles of Management	2		30	-	70	
Life Skil	ls Development						
ENGL 11012	English for Professionals	2		15	45	40	
DEPT 11122	Fundamentals of ICT and Computer Applications	2		15	45	40	
GWCG 11011	Life & Professional Skills Development I	0	1	15	-	35	
Total (Semester I)		15	1	165	225	410	

YEAR 1 - SEMESTER II

Subject Code	Subject Name	GPA Credits	NGPA Credits	Т	Р	IL		
Core Ma	undatory Subjects							
BSYP 12012	Yoga Philosophy	2		30	-	70		
BSYP 12022	General Biochemistry	2		15	45	40		
BSYP 12032	Introduction to Parapsychology	2		30	-	70		
BSYP 12042	Yoga Practicum II	2		-	90	10		
Essential Fundamental Knowledge Development								
DIHS 12012	Business Mathematics	2		30	-	70		
FMGS 12022	Principles of Marketing	2		30	-	70		
DEPT 12011	2D Graphic Designing	1		-	45	05		
Life Skil	ls Development							
ENGL 12042	English for Yoga and Tourism	2		15	45	40		
GWCG 12021	Life & Professional Skills Development II	0	1	-	45	05		
Total (Semester II)		15	1	150	270	380		
Total V-				315	495	790		
Total Year 1		30	2		1600			

YEAR 2 - SEMESTER I

Subject Code	Subject Name	GPA Credits	NGPA Credits	Т	Р	IL
Core Ma	undatory Subjects					
BSYP 21012	Practices of Hatha Yoga	2		30	-	70
BSYP 21022	Health Psychology	2		30	-	70
BSYP 21032	Mantra and Chanting Yoga	2		30	-	70
BSYP 21042	Dietetics and Routines for Yoga	2		30	-	70
BSYP 21052	Yoga Practicum – III	2		-	90	10
Essentia	l Functional Knowledge Dev	velopmen	t			
BSYP 21061	Digital Marketing and E- Business	1		15	-	35
DIHS 21022	Human Resource Management	2		30	-	70
BSYP 21072	Consumer Behavior	2		30	-	70
Life Skil	ls Development	-				
GWCG 21031	Life & Professional Skills Development III	0	1	-	45	05
Total (Semester I)		15	1	195	135	470

YEAR 2 - SEMESTER II

Subject Code	Subject Name	GPA Credits	NGPA Credits	Т	Р	IL
Core Ma	undatory Subjects					
BSYP 22012	Yoga for Public Health	2		30	-	70
BSYP 22022	Counseling Psychology	2		30	-	70
BSYP 22032	Indigenous Martial Arts	2		30	-	70
BSYP 22042	Classical and Yoga Meditation	2		30	-	70
BSYP 22052	Yoga Practicum IV	2		-	90	10
Essentia	l Functional Knowledge Dev	velopmen	t			
FMGS 22042	Business Communication	2		15	45	40
BSYP 22061	Organizational Behavior	1		15	-	35
BSYP 22072	Introduction to Naturopathy	2		30	-	70
Life Skil	ls Development				,	
GWCG 22041	Life & Professional Skills Development IV	0	1	-	45	05
Total (Semester II)		15	2	180	180	440
Total Year 2		30	30 2	375	315	910
Total Year 2		50	50 2	1600		

YEAR 3 - SEMESTER I

Subject Code	Subject Name	GPA Credits	NGPA Credits	Т	Р	IL
Core Ma	undatory Subjects					
Essentia	l Applied Expertise Knowled	lge Devel	lopment			
BSYP 31013	Therapeutic Yoga	3		45	-	105
BSYP 31022	Therapeutic Psychology	2		30	-	70
BSYP 31032	Spiritualism and Divine Therapy	2		30	-	70
BSYP 31042	Yoga Tourism	2		30	-	70
BSYP 31052	Yoga Practicum – V	2		-	90	10
Supplem	entary Choice Subjects	1	1			
Elective	Expertise Knowledge Devel	opment (S	Select any	v two s	ubjec	ts)
BSYP 31062	German – I	2		30	-	70
BSYP 31072	Strategic Management	2		30	-	70
BSYP 31082	Yoga Psychology and Counseling	2		30	-	70
BSYP 31092	Tantra Yoga and Sexology	2		30	-	70
Life and	Hard Skills Development					
BSYP 31101	Integrated Learning Portfolio (ILP)		1	-	-	50
Total		15	1	195	90	515

YEAR 3 - SEMESTER II

Subject Code	Subject Name	GPA Credits	NGPA Credits	Т	Р	IL	
Core Ma	undatory Subjects			-			
Essentia	l Applied Expertise Knowled	lge Devel	lopment				
BSYP 32012	Neurology in Parapsychology	2		30	-	70	
BSYP 32022	Yoga Pedagogy and Physical Education	2		30	-	70	
BSYP 32032	Planning and Designing a Yoga Institution	2		30	-	70	
BSYP 32042	Yoga Practicum – VI	2		-	90	10	
Analytic	Analytical Competency Development						
DIHS 32033	Business Statistics	3		30	45	75	
Supplem	entary Choice Subjects						
Elective	Expertise Knowledge Devel	opment (S	Select any	v two s	ubjec	ts)	
BSYP 32052	German – II	2		30	-	70	
BSYP 32062	Cultural Tourism	2		30	-	70	
BSYP 32072	General Astrology	2		30	_	70	
BSYP 32082	Cosmic Healing Practices	2	Ĉ	30	-	70	

Subject Code	Subject Name	GPA Credits	NGPA Credits	Т	Р	IL
Life and	Life and Hard Skills Development					
BSYP 32091	Integrated Learning Portfolio (ILP)		1	-	-	50
Total		15	1	180	135	485
Total Year 3		20	2	375	225	1000
10101 10	<i>Year 3</i> 30		2	1600		

YEAR 4 - SEMESTER I

Subject Code	Subject Name	GPA Credits	NGPA Credits	Т	Р	IL
Core Ma	Core Mandatory Subjects					
BSYP 41011	Topical Issues & Trends in Yoga and Parapsychology Practices	1		15	-	35
BSYP 41022	Advanced Concepts in Parapsychology	2		30	-	70
BSYP 41031	Applied Psychology	1		15	-	35
BSYP 41042	Research Methodology	2		30	-	70
BSYP 41051	Research Proposal Development	1		-	45	05
BSYP 41062	Advanced Techniques in Yoga and Parapsychology Practicum	2		-	90	10
Essentia	l Applied Expertise Knowled	lge Devel	lopment			
FMGS 41062	Business Planning & Venture Creation	2		15	45	40
BSYP 41072	Entrepreneurship	2		30	-	70
Life and	Hard Skills Development					
BSYP 41082	Integrated Learning Portfolio (ILP)	2		-	-	100
Total		15	0	135	180	435

YEAR 4 - SEMESTER II

Total Vaa	<i>v 1</i>	15 30	0	- 135	1500 1680	- 435
Total Year 4		15	U	-	1300	-
Total		1.5	0		1500	
BSYP 42027	Bachelor's Work Integrated In-Plant Training & Learning	7	0	-	700	-
BSYP 42018	Research Project	8	0	-	800	-
Industry I	Exposure and Job Content	Skills De	velopmer	ıt		
Subject S Code	Subject Name	GPA Credits	NGPA Credits	Т	Р	IL

GRADE POINT VALUES AND GRADING CRITERIA

• Performance of a student on a credited course of study will be graded based on the total marks obtained for all assessment components of the course, out of one hundred.

• Grade Point Values and Credit Values of all registered Grade Point Average course units of the Bachelor of Science Honors in Yoga and Parapsychology degree / Bachelor of Science Honors in Health Tourism and Hospitality Management degree programme shall be taken into account in calculating the Grade Point Average (hereinafter referred to as GPA) of the student.

• Marks obtained in respect of a course unit will be graded according to the following grading system. A grade point value as indicated below is assigned to each grade. 'Grades' and 'Grade Points' will be assigned based on the marks obtained by the student according to the below given Table.

Range of Marks	Grade	Point Value
85 - 100	A+	4.0
70 - 84	А	4.0
65 - 69	A-	3.7
60 - 64	B+	3.3
55 - 59	В	3.0
50 - 54	B-	2.7
45 - 49	C+	2.3
40-44	С	2.0
35 - 39	C-	1.7
30-34	D+	1.3
25 - 29	D	1.0
00 - 24	Е	0.0

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GRADE POINT VALUES AND GRADING CRITERIA

• Students should complete all course units that they are registered for. If any student fails to complete a particular course unit, it will be indicated in the Result Sheet as "absent" and a zero (0.0) Grade Point Value (GPV) will be assigned to it.

- To pass any course unit, a student should achieve a minimum of 'C" grade.
- The maximum grade given for a 'Repeat student' of any course unit examination will be 'C'.

• A student who has not obtained minimum of a C grade in a particular course unit may repeat the examination of that course unit in the following academic year for the purpose of improving the grade. The highest grade obtainable by a student in this instance would be a C grade. In the event a student obtains a lower grade while attempting to improve the grade, he/she will be entitled to the best grade that he/she obtained for the particular course unit, for the determination of Final Grade Point for awarding the degree.

• If a student is absent to a semester-end examination without valid excuse approved by the Faculty Board and the Senate, such student shall be given Zero mark for that course of study and an 'E' grade will be assigned.

Grade Point Average (GPA)

Grade Point Average (Hereinafter referred to as the GPA) is the creditweighted arithmetic mean of the Grade Point Values, which is determined by dividing the total credit-weighted Grade Point Value by the total number of credits. GPA shall be computed to the second decimal place.

GPA = (Gi Ci) / Ci, where

Gi = Grade point of the ith course,

Ci = Number of Credit units of the ith course

GPA shall be computed to the second decimal place.

GRADE POINT VALUES AND GRADING CRITERIA

Example: A student who has completed one course unit with two credits, three course units each of three credits and two course units each one of credit with grades A, C, B, D, C+ and A+ respectively would have the GPA of 2.48 as calculated below:

$$\frac{(2\times4.0) + (3\times2.0) + (3\times3.0) + (3\times1.0) + (1\times2.3) + (1\times4.0)}{2+3+3+3+1+1} = \frac{32.3}{13} = 2.4826$$

Grade Point Average = 2.48

Final Grade Point Average (FGPA)

The Final Grade Point Average (hereinafter referred to as the FGPA) for the degree programme shall be calculated at the completion of all stipulated requirements of the all registered core and elective course units of the Bachelor of Science Honors in Yoga and Parapsychology / Bachelor of Science Honors in Health Tourism and Hospitality Management Degree programme by the student.

The FGPA shall be calculated using the following formula:

 $FGPA = \frac{\sum [Grade Point scored for Course Unit \times Credit value of Course Unit]}{Cumulative credit value of all GPA Course Units of the Degree Programme}$

Grade point values and credit values of all registered course units in a study programme of a student shall be taken into account in calculating the FGPA, unless stated otherwise.

The non-credited courses (Non-GPA) shall not contribute to the FGPA. However, obtaining a "C' grade for a non-credited course will be mandatory to be eligible for the award of the degree.

BY-LAWS AND ESSENTIAL DOCUMENTS

Students can refer to bylaws and other essential documents through below links.

By-Laws

• <u>The Degree of Bachelor of Science Honours in Health Tourism and Hospitality</u>

Management

• <u>The Degree of Bachelor of Science Honours in Yoga and Parapsychology</u>

CAREER OPPORTUNITIES

Students who are completing their four academic years successfully are eligible to enter the world of work. To perform as a successful professional, student needs to academically perform well in all subjects through gathering the knowledge and developing skills and attitude for professional and personal living. Today world of work is more challenging and expects a higher stand of knowledge and soft skills. Therfore students need to develop their knowledge and skills in their academic years through the active learning process and professional development is an active continuous process and students are eligible to enter the world of work with their final year internship. After the graduation, student will be specially eligible to develop their knowledge and skills to the expected level of industry are eligible to start their career in the following sectors and professions with move forward with small steps.

Career Opportunities for Health	Tourism and Hospitality	Management Students
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Hotel General Manager	Learning and Development manager	Travel Consultant	Wellness Centre executive
Tour Executive	Ayurveda treatment expert	Guest Service Manager	Spa Manager

Career Opportunities for Yoga And Parapsychology Students

Yoga Instructor	Yoga therapist	Entrepreneurs	Parapsychology career
Yoga Scientist and Researcher	Yoga Teacher	Clinical Psychologist	Other Common Career Opportunities

Pandith G. P. Wickramarachchi Memorial Library



Dr. R. D. Ananda Tissa

BA(Honors), (MSSc)& (PhD)University of Keleniya PGD Writership & Communication, (Japura) FLA, (Sri Lanka), Life Member, (RAS) & (OPA) BOM, Central Province Library Board

Senior Assistant Librarian Phone : 033 3430420 Email : librarian@gwu.ac.

On behalf of the Pandith G. P. Wickramarachchi Memorial Library (PGPWML), I extend a warm welcome all students who have registered for the year 2024

The library of the University is located in the Pandith G.P. Wickramarachchi Memorial Library Building. The main objectives of this library include providing resources necessary for the three main pillars of the University: teaching, learning and research in Ayurveda, Indigenous Medicine, Medical Sciences, Health Sciences, Management, Technology, and other related disciplines.

The PGPWM library, which is the main library, offers printed and electronic resources with remote access and automate library functions enabling efficient and effective library services for the benefit of the entire University community.

The online library catalogue (OPAC) provides all the information about textbooks and where to find them. In addition, the library provides you with services, programs and spaces that enable you to achieve your personal and academic goals.

We invite you to explore our library webpage (https://gwu.ac.lk/library/) for more information.

Information and Communication Technology (ICT) Centre



Ms. W.G. Kandamby

MSc in Computer Science (USJ) (Reading), B.Sc.(Hons) in Information Technology (KDU)

Director Lecturer (Probationary) Phone : 033 2230719 Email : waruni@gwu.ac.lk



Mr. A.P.H.P. Gunasekara MIT (CMB), B.Sc (KLN)

Coordinator Instructor in Computer Technology University Web Master Phone : 033 2230719 Email : hasitha@gwu.ac.lk

The ICT Centre is located on the second floor of the Multi-Purpose Building. This is a common centre providing computer facilities and services to students, academic and non-academic staff of the University. The centre consists of a main laboratory and is equipped with 100 computers, servers and other accessories.

Learning Management Systems (LMS)

Learning Management System (LMS) is a software application or web-based technology used to plan, implement and assess a specific learning process. It is used for e-Learning practices and, in its most common form, consists of two elements: a server that performs the base functionality and a user interface that is operated by instructors, students and administrators.

Typically, a Learning Management System provides an instructor with a way to create and deliver content, monitors students' participation and assesses students' performance. A Learning Management System may also provide students with the ability to use interactive features such as threaded discussions, video conferencing and discussion forums.

Learning Management System (LMS) of the Gampaha Wickramarachchi University of Indigenous Medicine is a web-based application used to plan, implement and assess a university learning process via eLearning practices.

The Functions of GWUIM LMS:

- Knowledge management
- Providing an interface to create, deliver content and monitor students' participation
- Assessing student's performance while gathering, organizing, sharing, analyzing knowledge in terms of resources, documents and relevant skills.
- Any user with a secure login and password can access the LMS and its online learning resources.

Career Guidance Unit (CGU)



Lt.Col. Dr. Asanka Pallewatta (Senior Lecturer Grade I) PhD (Denmark), MEng (Japan), BEng (Japan), Dip in Fashion Design (SL), Dip in Diplomacy (SL)

Director

The Career Guidance Unit (CGU) of the Gampaha Wickramarachchi University of Indigenous Medicine was established with the objective of enhancing the quality of professional and soft skills of the students, while strengthening the link between the undergraduates and industrial sectors. The unit supports the university in producing capable and employable graduates who are empowered to contribute positively to the development of relevant fields.

The unit organizes workshops, seminars, Ayurveda clinics and entrepreneurship programmes from time to time to develop abilities and skills vital for undergraduates to cope with the needs of current ayurveda sector and related industries to develop life-long learning ambitions. In addition, undergraduates who are looking forward to career opportunities in private sector including Tourism Industry, Pharmaceutical Industry, Agricultural Industry, Bio Medical Industry, Yoga Centre and other treatment centers will be benefited from the unit by making them aware of these opportunities as well as by providing them with necessary guidance for placement.

Further the work life highly searches for soft skills such as Interpersonal Skills, Communication Skills, Presentation Skills, Time Management, Teamwork, and Organizational Abilities. The Career Guidance Unit helps the students of the University of Indigenous Medicine to develop these skills.

Medical Centre



Dr. (Mrs.) K. G. C. Dissanayake (Senior Lecturer Grade I) MD (Ayur) Kayacikitsa (India), BAMS (Hons) (UoC)

Chief Medical Officer



Mr. H. S. K. Ariyarathne Dip. in Nursing

Nursing Officer

The University Medical centre provides and coordinates all health requirements of university students. It is open from 8.00 a.m. to 4.00 p.m. during week days except public holidays. The medical forms for all new entrants are issued from the medical centre. Completion of this form is mandatory for all the students. It also provides treatments including dental care.

When a student is absent from an examination or from tutorials, practical or clinical sessions a medical certificate issued from the medical centre or a medical certificate issued by a qualified medical practitioner has to be certified by the university medical officer before it is accepted.

English Language Teaching Center (ELTC)



Dr. S. A. R. R. P. Disanayaka PhD, MPhil, MA (UoK), BA (USJ)

Senior Lecturer Grade I Coordinator of ELTC

The English Language Centre (ELTC) of the Gampaha Wickramarachchi University of Indigenous Medicine was established in 2021, under the guidance of the founding Vice-Chancellor, Senior Professor Janitha A. Liyanage. The centre was established with the aim of facilitating the English Language courses across the faculties in the GWUIM. In addition, the ELTC is committed to effectively addressing various other English language requirements of the university.

The English Language Teaching Centre is currently conducting courses for the Faculty of Indigenous Medicine and courses will be implemented for the undergraduates studying in the Faculty of Indigenous Health Sciences and Technology (FIHSST) and the Faculty of Indigenous Social Sciences and Management Studies (FISSMS) as well.

Moreover, the ELTC is conducting a preparatory course for new entrants from all the faculties. The ELTC will also conduct various other activities such as workshops and seminars to improve the communication skills of the undergraduates, using the resources such as the language laboratory. In addition, numerous virtual English language study programmes and language support services are provided by the ELTC to the entire university, in order to uplift the English language knowledge of the students of the GWUIM.

Prof. Janitha A. Liyanage Central Laboratory



Professor (Mrs.) K.P.P. Peiris B.A.M.S. (Hons.)(CMB), M.S.(Ay)Shalakya(BHU-India), PhD(Ayu.)-Shalakya-(GAU-India)

Professor in Shalakya Coordinator



Mr. A.D.H. Sudesh Lab Mgt. (NIBM), Dip. in Agri. (Aquinas), Dip. in Eng. (SIBA)

Senior Staff Technical Officer

Prof. Janitha A. Liyanage Central Laboratory of Gampaha Wickramarachchi University of Indigenous Medicine has been established for the integration of science based knowledge and skills for advancement of the Ayurveda Medicine. Prof. Janitha A. Liyanage Central Laboratory takes pride on the potential and capacity to enhance the facilities for the undergraduates, postgraduates and researchers to provide their needs for the success of their activities based on the developed technology and methodology. The Central Laboratory of the University plays a vital role by facilitating to conduct practical classes and exams of undergraduate programmes and postgraduate studies. It also provides clinical testing service to internal and external patients of Ayurveda Teaching hospital. In addition, it involves in providing analytical laboratory facilities to industries and government bodies that is an income generating process to the institute. The Central laboratory is equipped with a lot of sophisticated instruments such as gas chromatograph, spectrophotometers, centrifuges, rotary evaporators, incubators, etc. Senior academics and skillful laboratory technical staff have been involved in academic and research works to enhance the knowledge and skills of undergraduate students and postgraduate students of the Institute.

Following services are provided by Central Laboratory,

- · Facilitate to research works to undergraduates and postgraduate students
- · Bio medical samples investigation and issuing reports
- · Analysis of different samples on the request of industry

Student Welfare Division

Assistant registrar Mrs.I.U.Wijethungaarachchi MHRM (Reading), BSc (OUSL) E mail-stuwelfare@gwu.ac.lk arstuw@gwu.ac.lk Telephone-033-2226618 Ext.-140,111

Introduction

Prime responsibility of the division is to provide a wide range of services to facilitate the students with their academic activities and enhance their skills and attitudes needed for the intellectual engagement with a view to achieve the goals of the university.

Location

Student Welfare Division is located in the upstairs of the maintenance office building block number - A18 adjacent to the Dean's Office of Faculty of Indigenous Medicine.

Student Affairs

Facilities Provided for the Students

• Attend to all matters with regard to providing hostel facilities to students from among first and final year students for every academic year.

• Attend to matters pertaining to providing canteen facilities for students and staff and photocopying service.

- Attend to matters relating to student unions, societies and associations.
- Coordinating matters pertaining to issuing railway season tickets.
- Attend to matters with regard to scholarships and providing financial assistance to needy students (Mahapola, Bursary and other scholarships).

• Attend to preliminary work with regard to appointment of senior counselors, student counselors, part time sub wardens and academic wardens.

Staff Members

Mr.S.J.S.Samaraweera BSc. (SUSL) Sub Warden/Male

Mrs.K.A.Chandrawathi BSc. (SUSL), Mgt.Dip. (OUSL) Sub Warden/Female

Ms.H.A.S.Geethika Kumari Senior Staff Management Assistant (Hostels)

Hostel Facilities

No.	Hostel Name	Address
1	Weediyawatte Wickramarachchi Ladies Hostel	Pahala Weediyawatte, Yakkala
2	Parakrama Ladies Hostel	No. 1/10B, Ranveli Pedesa, Yakkala
3	Karunanayake Ladies Hostel	No. 65/4, Kandy Road, Yakkala
4	Mahawita Boys' Hostel	No. 20, Mahawita, Yakkala
5	Samagimawatha Karunanayeke Boys' Hostel	No. 18/19, Samagi Mawatha, Yakkala
6	Senevirathne Boys' Hostel	No. 20/18, Samagi Mawatha, Yakkala
7	Samara Hostel	No. 71/3, Samara place, Yakkala Road, Gampaha
8	Nadeesha Hostel	No. 100/12 H, Ranweli Place, Kandy Road, Yakkala.
9	Nishshaka Hostel	No. 38, Koranelis Street, Udahamulla, Nugegoda.
10	Tissa Boy's Hostel	No. 29, Kandy Road, Yakkala.

Scholarships

Mahapola Scholarships

Students who are eligible for Mahapola scholarship will receive a monthly installment approved by the Mahapola Trust Fund. Students receive 10 installments within an academic year.

Bursaries

The applications are called by the Student Welfare Division for the selection of suitable students for Bursaries. Students receive an approved stipend in 10 monthly installments within an academic year. The students who are not entitled to receive Mahapola or other scholarships are eligible to apply for a bursary.

Note : The university can suspend a scholarship or award temporarily or permanently in the following instances.

- a). Inadequate Attendance on Lectures Tutorials or Practical.
- b). Disorderly Behavior Inside or Outside the University Premises.
- c). Non-Registration for the Academic Year
- d). Obtaining Employment (If a scholarship holder obtains an employment after registration to the university, it should be reported to the student affairs division)

Presentation of a valid university identity card is essential in claiming payments made under any form of financial assistance. The student affairs division should be notified immediately if a student ID is lost.

Center for Gender Equity/Equality (CGEE)



Dr. Jithya Wijesinghe PhD (Japan), MSc (Japan) (India), BSc (USJ)

Senior Lecturer Grade II Director genderequality@gwu.ac.lk

The Center for Gender Equity/Equality (CGEE) at the Gampaha Wickramarachchi University of Indigenous Medicine (GWUIM) is committed to fostering harmony, cooperation, and mutual respect between men and women in the university; academic and non-academic staff and students. Established under the directives of the University of Grants Commission (UGC) and the foresight of the UGC Standing Committee on Gender Equity/Equality in Higher Education, the CGEE at GWUIM ensures a conducive, gender-just working and learning environment exist for all members of the University.

Within the broader concept of ensuring gender equity and equality at the GWUIM, the CGEE will

- 1. Raise awareness among the University Community on gender-related concepts and matters
- 2. Providing training on gender equity and equality
- 3. Identify ways and means to prevent gender inequality, inequity, and gender-based violence and ragging at the GWUIM
- 4. Empower the university community to prevent and respond to gender inequality, inequity, and gender-based violence and ragging by developing relevant skills
- 5. Inquiring sexual and gender-based violence and ragging, and proposing to university councils for disciplinary actions to offenders, and facilities to victims

The complaints regarding gender inequality, inequity, sexual and genderbased violence and ragging can be forwarded to <u>https://www.eugc.ac.lk/</u> <u>rag/login.php</u> or directly to the coordinator, CGEE, GWUIM (genderequality@gwu.ac.lk).

Gampaha Wickramarachchi International Centre



Lt.CoI. Dr. Asanka Pallewatta PhD (Denmark), MEng (Japan), BEng (Japan)

Senior Lecturer Grade I Director

The Gampaha Wickramarachchi International Centre of the Gampaha Wickramarachchi University of Indigenous Medicine was established in 2022, with the mission of promoting international collaborations, amelioration of cross-cultural understanding and empowerment of the global citizenship of students and academia while respecting the values of indigenous knowledge.

Currently, GWIC acts as a gateway to promote international collaborations and facilitates building partnerships with universities worldwide. At present, under the guidance of the founding Vice Chancellor of the GWUIM, Her Excellency Senior Professor Janitha A. Liyanage - Ambassador Extraordinary and Plenipotentiary of Sri Lanka to the Russian Federation, with concurrent accreditation to the Republic of Belarus, GWIC had proudly signed Memorandums of Understanding with three universities - including Moscow State University of Sports and Tourism, Gomel State Medical University and Chuvash State Pedagogical University.

Further, GWIC had had fruitful discussions with academia and corporates in countries such as Brazil, Japan, China and India to seek for potential collaboration to enhance the international presence of the GWUIM.

Student Counselling Service of the University



Mr. K.P Niwantha Kanuwana BSc (Hons), M.LRHRM (UOC), M.AETM (WUSL), MCIPM, AAL (Reading) Senior Student Counsellor Lecturer – Dept. of Indigenous Medical Resources Tel: +94773668230 Email: niwantha@gwu.ac.lk



Ms. J.K.V.M Jayasinghe MPhil leading to PhD (Reading), BBA (Hons)(UOC), Dip in Psychology and Counselling Student Counsellor Lecturer – Dept. of Indigenous Health Sciences Tel: +94717765283 Email: vishmi@gwu.ac.lk



Mr. W.P Ruwan Tharanga Perera PhD (Reading) (UOK) BSc Hons (sp.) (UOK) Dip.in psychology and Counseling Student Counsellor Lecturer – Dept. of Indigenous Medical Resources Tel: +94772521452 Email: ruwan@gwu.ac.lk

Gampaha Wickramarachchi University of Indigenous Medicine provides the student counseling services and programmes which promote the personal development, psychological wellbeing, strengthen adaptive behaviors and coping skills and thereby support achievement of their educational goals. Student counsellors of the Faculty of Indigenous Health Sciences & Technology guides students by identifying potential solutions to problems causing psychological imbalance, which can threaten the learning environment.

In addition, student counsellors support students with special talents in various disciplines such as sports, aesthetic activities, etc., and help them improve/showcase their talents. The students will have the opportunity to discuss their various psychological, social and financial issues or any other difficulty they face privately and confidentially during their university education with the student counselors and obtain advice. Students will be directed to professional psychological counselors whenever needed. Student counsellors work in a private and confidential and/or convenient setting with individuals or groups of students through face-to-face discussions, telephone conversations, and using electronic communication methods.

The Faculty of Indigenous Health Sciences & Technology has appointed a Senior Student Counselor for the faculty and Student Counselors to maintain student counseling activities under the guidance of Vice Chancellor.

Physical Education and Sports Centre



Mr. B. A. N. Krishantha (Registrar) Acting Director

Tel: 033 2215772 Email: registrar@gwu.ac.lk



Mrs. R. A. L. Lakmini Rupasinghe Instructor in Physical Education (Grade III)

Email: lakmini@gwu.ac.lk

Facilities

The ultimate goal of the sports and Physical Education programs are to facilitate sports experiences to the University community.

Sports activities are organized by the physical education unit. Every undergraduate is entitled to the facilities provided by the University and should make best use of such facilities.

The university has a gymnasium which facilitates for indoor games such as Volleyball, Badminton, Netball, Carrom, Chess, Table Tennis and Weight Lifting etc. This Gymnasium is open for students and university staff to use from 08.00 am to 06.30 pm on weekdays.

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Welcome to the Gampaha Wickramarachchi University of Indigenous Medicine, the 16th National University of Sri Lanka!

You are special to us, for you would be the third batch of the newly established Faculty of Indigenous Health Sciences and Technology. As the first batch of graduates of this university, you will be the "ambassadors" who have the potential to carry the university name forward.

In this journey as an undergraduate, you will be able to transform your personality through searching for knowledge, developing skills, personality and character with new experiences and challenges. Throughout this journey, you will become the master of your sail by taking responsibility and coping with new challenges.

Stepping into higher education differs vastly from the secondary school education you have received. University learning is not limited only to the books and extra reading material, yet there is a lot more to engage in. Ranging from sports and extra-curricular activities to career-oriented skills, university education involves more avenues that can be explored.

Codes of Conduct:

GWUIM is a community where each has an individual as well as a collective responsibility to behave in a way that utilizes your privileges while protecting and respecting mutual rights and properties. Whilst working to achieve your goals in your academic career, you should always be mindful not to invade the personal boundaries of another person. In addition, you should develop and present your personality in a way that is socially acceptable as a person with integrity who follows the social etiquettes.

In the university, you may get ample chances to explore the depths of

knowledge and enhance your skills and competencies. Whist experiencing that academic freedom, you should always meet the academic responsibilities that had been bestowed upon you. In addition, handling the university property with care and utmost diligence is expected from each and every undergraduate. Nevertheless, you should work in a manner where you are adhering to the community health guidelines whilst improving the safety of everyone around you.

Academic Support

As an undergraduate, you have to follow your studies in the English medium and do your assignments in English as well. Most of the time, you may have to communicate with your lecturers in English. Hence, the responsibility of improving your English language skills lies on you. In order to support you to develop your skills, the English Language Teaching Centre is committed to helping you as well. Apart from that, you will receive IT-related services from the IT Centre of the university.

If you come across any issue regarding any course unit you follow, ensure to contact the course coordinator of the respective course unit. Each course unit offered by each department has a separate course coordinator and resource persons who will guide you to learn the course unit. However, university education differs vastly from your high school education. It is your sole responsibility to make your notes based on the lectures delivered. Your lecturers may not constantly remind you of your assignment deadlines, yet it is your responsibility to submit assignments on time since the assignment marks will be calculated towards your final grade. Especially, when submitting an assignment, you have to be mindful of the subject-specific vocabulary and techniques of academic writing.

Ensuring the Safety of Students.

University is a place where you meet hundreds of new individuals, who had come from different backgrounds. Yet, within the university, every student should work towards one goal: to achieve the best in their academic career. In the university, there is a system of hierarchical relations between students, teachers, university authorities, and even the larger society. While living in such a system, we may experience manipulations that are psychological, physical, or political. Yet, try not to allow these manipulations to affect you personally and violate your boundaries. In such circumstances, the student counsellors of the faculty are there to resolve your social, personal, and physiological concerns while protecting your privacy and being non-judgmental. The academic advisors of the faculty help you solve any matters with respect to the academic program.

Acclimatization to Corporate and Social Life.

It is always a novel feeling to enter the arena of higher education as an undergraduate. You will be exposed to numerous academic-related and extra-curricular activities in the university. Whatever the extra-curricular or academic activities you may do, your aim should be to be a "careerready" graduate when you are graduating from the university.

Engaging in various extra-curricular activities and sports will truly be beneficial for you to get to know your fellow colleagues and develop your leadership and team working skills. Especially, those will be useful when you wish to apply for an occupation after graduation. Yet, always do remember to balance your extra-curricular activities and your academic life. At the end of the day, obtaining the degree with a higher score should be your topmost priority as well.

The GWUIM consists of a Career Guidance Unit (CGU) to support your next step to be a career-ready graduate. The CGU serves as a link between the university and the corporate sector to produce capable and employable graduates.

Financial Support

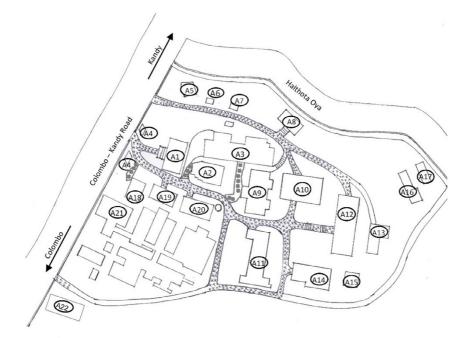
When you are starting your academic journey as an undergraduate, sometimes you may have concerns regarding the necessary financial support required. In such instances, you can always contact the Student Welfare Division, in terms of obtaining details about available scholarships, such as the Mahapola Scholarship and Bursary.

This is the dawn of a brand-new chapter in your life, days you and your parents / guardians dreamt of you since you were a child. Now it is time for you to make the most out of your university life, whilst wisely managing your freedom. After all, "life is what you make it".

IMPORTANT CONTACTS

Important person or Division	Contact No	Email	
Registrar	0332215772	registrar@gwu.ac.lk	
SAR-General Administration	0332222748	sargadmin@gwu.ac.lk	
SAR- Examination	0332215826	exam@gwu.ac.lk examination@gwu.ac.lk	
Academic Establishment Division	0332215827	officeacad@gwu.ac.lk sarae@gwu.ac.lk	
Bursar	0332223785	<u>bursar@gwu.ac.lk</u>	
Library	0333430420	librarian@gwu.ac.lk_	
Student Welfare	0332226618	stuwelfare@gwu.ac.lk arstuw@gwu.ac.lk	
ICT Center	0332230719	<u>ictc@gwu.ac.lk</u>	
English Language Teaching Center	0332222748	palithad@gwu.ac.lk	
Faculty academic Adviser	gayathri@gwu.a	<u>c.lk</u> / <u>asanka@gwu.ac.lk</u>	
Dean - FIHST	0332224916	deanfihst@gwu.ac.lk	
HOD – Department of Indigenous Health Sciences	hodihs@gwu.ac.lk		
AR - FIHST	0332215144	arfihst@gwu.ac.lk	

MAP OF UNIVERSITY



LEGEND

- A1- Statue
- A2- Director's Office
- A3- Multi Purpose building Ground Floor-Dept. Dravyaguna & Dept. Ayurveda Basic Principles 1st Floor-Dept. Basic Principles 2nd Floor-ICT Centre & Mini Auditorium
- A4- Main security Office
- A5- Kudalu Pokuna
- A6- Transformer Room
- A7- Generator Room
- A8- Bhaisajyagaraya
- A9- Lecture Hall building Ground Floor-Plant Museum 1st & 2nd Floor- Lecture Halls
- A10-Library
- A11-Main Laboratory
- A12-Student Centre
- Ground Floor-Canteen & Indoor Stadium 1st Floor-Gym & Medical Centre 2nd Floor-Main Hall

- A13-Academic Building (Under Construction) A14-Academic Building
 - Ground Floor-Dept. Shalya Shalakya, KaumĀrabhŗtya and Strī Roga 1st Floor-Dept. Cikitsa 2nd Floor- Graduate Studies Division
- A15- Kitchen
- A16-Vehicle Park
- A17-Green House
- A18-Ground Floor- Finance Division
 - 1st Floor- Examinations & Student Welfare
- A19-Ground Floor- Maintenance 1st Floor-Administration
- A20-Reading Room
- A21-Gampaha Wickramarachchi Ayurveda Hospital
- A22-Administration Building (Under Construction)



STUDENT

